Kitchen Pals
Designed by Whistler Studios
Featuring the 8 Days a Week Collection by Ampersand

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**Kitchen Pals**

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![Fabric Designs](image)

**Fabric Requirements:**

2/3 yard 37459-X Multi Grid blocks or the width of 2 panel blocks
3/4 yard 37463-2 Black Stripe
Fat Eighth 37462-X Icon Print
Fat Quarter 37464-5 Lime Dot
7/8 yard 35370-1 White Solid for Apron Lining
(1) pack of Insul-Bright® needle punched insulated lining
1/2 yard batting

**Cutting:**

37459-X Multi for Apron top

Cut out the apron shape for the top following the picture at right. Save the portions of the grid blocks you cut from the top as they are to be used for the pockets.

**Note:** The top is about 11 1/2” wide. Based on your size, you might want to cut it narrower at the top especially if you have a small body frame.
37463-2 Black Stripe
  Cut (6) 1 3/4” x width of fabric (WOF) strips for bindings and apron ties.
  Cut (1) 31” X 7” rectangle for bottom of apron
  Cut (2) Oven Mitt pieces using template

37462-X Multi Icon Print
  Cut (3) icon patches of choice (or as many as you want to applique on your apron)

37464-5 Lime Dot
  Cut (1) 2 1/4” x WOF strip for binding of oven mitt
  Cut (2) 10” x 10” square for back of Trivet

35370-1 White Solid
  Cut (1) lining - see instruction further into assembly
  Insul-Bright® needle punched insulated lining
  Cut (2) Oven Mitt lining pieces using template

Batting
  Cut (2) 10” x 10” square for Trivet

**Diagram 1**

**Apron Assembly:**

**Note:** All seam allowances are 1/4” wide.

1. Take (1) of the the 1 3/4” black stripe strips and fold long edges towards the middle with wrong sides together as shown in Diagram 1.

2. Cut length to match angled side of the pocket blocks and bind off the edge. Diagram 2

3. Take pocket block on top of the apron on the outside bottom grid squares of the apron. Match the grid at the opening side and edge stitch around the 3 sides of the pocket leaving the bound edge side open. Diagram 3

4. Take the 31” x 7” rectangle of the black stripe and sew it onto the bottom of the apron. Press the seam allowance up toward the apron, press flat and 1/4” topstitch.

5. At this point, you should applique the 3 icon patches to the bib of the apron using your favorite applique method. Diagram 4
6. Take the lining fabric and lay the apron on top. Using the apron as your template, trace the outline of the apron onto the lining fabric and cut out the lining piece. Trim off 1/2" of fabric from bottom of lining. This will ensure the lining will not hang longer than the apron top.

7. Make a 1/4" wide hem on the apron by folding back 1/4" and fold 1/4" again, then topstitch. Repeat the same step on the lining.

8. With wrong sides together, stitch the top edge of the apron bib and each side of the apron. Turn and press flat.

9. Take 2 pieces of the 1 3/4" black stripe strips and join them together. Fold as instructed for the pocket binding in Step 1.

10. Starting at a point 26" from the end, pin or baste the binding to the curved portion of the apron starting at the top.

11. Edge stitch the binding starting at one and sew through to the other end.

12. Repeat binding on the other side.

**Trivet Assembly:**

1. Take the 10" grid square from 37459-X Multi Grid and applique one icon image of choice at top.

2. Layer top, batting and one 37464-5 Lime Dot square and quilt using your favorite quilt design.

3. Bing off edges with the black stripe fabric. Repeat for the other trivet.
Oven Mitt Assembly:

See attached instructions for the oven mitt assembly and template supplied by Insul-Bright®. You can also visit the website: www.warmcompany.com

Add a loop and bind off top edge with 37464-5 Lime Dot.

**Insul-Bright**

Needlepunched Insulated Lining

The shiny side of your Insul-Bright should face the hot or cold item allowing it to reflect the energy back to its source. The polyester protects your hands, while the cotton batting absorbs condensation. No pre-wash is necessary. Machine wash warm & tumble dry finished oven mitt and pot holder.

**Oven Mitt Instructions**

1) Cut two 9” x 12” pieces from each fabric - cover fabric, Insul-Bright, Warm & Natural batting & the lining fabric.

2) Trace enlarged oven mitt pattern on right side of one 9” x 12” piece of cover fabric. Trace a reversed mitt on the right side of the other piece of cover fabric.


4) Bind entire cuff edge with bias binding. If desired, add a hanging loop by stitching the ends of a 4” length of ribbon under the binding.

5) Lay the sets of fabric together with lining fabrics facing out. Zig-zag stitch around all edges EXCEPT the cuff edge. Trim away excess fabric from zig-zagged edge. Turn right side out.

*Enlarge by 60%*

*Make a matching pot holder by cutting two 6” squares of cover fabric & sandwich a layer of Insul-Bright between layers of Warm & Natural. Add 1/4” binding around.

**Insul-Bright Recommendations**

Use with at least one layer of cotton batting, such as Warm & Natural or Warm & White, to absorb condensation.

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(800) 234-9276
www.warmcompany.com

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