Love & Glory
Fabric by Faye Burgos
Quilt by Nancy Rink of Nancy Rink Designs

49" x 49"

FREE PROJECT

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### FABRIC REQUIREMENTS & CUTTING GUIDE

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<th>Fabric</th>
<th>Cutting</th>
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<tbody>
<tr>
<td>Fat Eighth Plaid #0898-0160</td>
<td>Two 4 ½” C squares, One 7” square</td>
</tr>
<tr>
<td>Fat Eighth Spatter #0897-0160</td>
<td>Two 4 ½” C squares, One 7” E square</td>
</tr>
<tr>
<td>Fat Quarter Red Stars #0895-0111</td>
<td>Sixteen 2 ⅛” B squares, Two 4 ½” C squares, One 7” E square</td>
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<tr>
<td>Fat Quarter Navy Stars #0895-0160</td>
<td>Thirty-two 2 ⅛” B squares, One 7” E square</td>
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<tr>
<td>½ yard Cream Linen #0892-0188</td>
<td>Four 6 ½” D squares, Four 7” E squares</td>
</tr>
<tr>
<td>⅜ yard Diagonal Stripe #0896-0111</td>
<td>Two 4 ½” C squares, Five and one-half 2 ½” x WOF strips for binding</td>
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<tr>
<td>⅜ yard Cream Stars #0899-0112</td>
<td>Two 4 ¼” x WOF strips, recut into thirty-two 2 ⅛” x 4 ¼” A rectangles</td>
</tr>
<tr>
<td>1 yard Light Blue Print #0894-0122</td>
<td>One 6 ½” D square, One 2 ⅛” x WOF strip, recut into sixteen 2 ⅛” B squares, Two 4 ½” x 41 ½” side outer borders, Three 4 ½” x WOF strips, pieced together end-to-end, and recut into two 4 ¼” x 49 ½” top/bottom outer borders</td>
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<tr>
<td>1 yard Strip-It #0891-0122</td>
<td>See Strip-It Fabric Cutting Diagram for specific cutting instructions</td>
</tr>
<tr>
<td>2 ½ yards Flag (Backing) #0893-0122</td>
<td>One 55” x WOF Panel, Two 15” x 28” rectangles, stitched together along the short ends and trimmed to 55” long</td>
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Cutting the Strip-It Fabric

1. Prior to cutting, starch and press fabric.

2. Refer to the Strip-It Fabric Cutting Diagram below.

3. When cutting the F rectangles, cut ½" beyond the three stripes so that you have a seam allowance on both sides.

4. When cutting the 2 ½" x 8 ¾" Strip for the Center Block, center the line where the stripes meet on the 1 ¼" line on your ruler.

5. When cutting the 17" (approx.) by 13" rectangle make sure you have five full stripes, NOT counting the flag stripe, which will be trimmed off.
**Small Star Blocks (finished size 7 ½”)**

1. To make a flying geese unit, lay a Light Blue Print B square on top of a Cream Stars fabric A rectangle, right sides together. Draw a seam line diagonally from corner to corner of the small square. Sew on the line. Trim seam allowance to ¼” and press open. Repeat stitch-and-flip method, by placing a Light Blue Print B square on the right hand side of the Cream Stars A rectangle. Repeat for a total of eight flying-geese.  

   [Diagram I]

2. Using four Cream Stars B squares, one Spatter C square, and four flying geese, arrange the block patches as shown in **Diagram II**. Sew together in rows; then, sew together the rows. Repeat for a total of two blocks.

3. In the same manner, make a total of two blocks in each of the fabric combinations shown in **Diagram III**.

   [Diagram III]

   Make two blocks of each of the fabric combinations

**Large Star Block (finished size 24”)**

4. Referring to the **Stripe Cutting Diagram**, cut five 2 ½” x 13” strips, centering the line where two stripes meet on the 1 ¼” line on your ruler. Discard pieces on the far ends as indicated.

5. Arrange three strips as shown in **Diagram IV**. Sew together. Press seams open and trim to 6 ½” x 12 ½”.

6. Arrange the two remaining strips and the 2 ½” x 8 ¾” strip as shown in **Diagram V**. Sew together. Press seams open and trim to 6 ½” x 6 ½”.

7. Arrange Light Blue Print D square and the stripe sets as shown in **Block Assembly Diagram A**. Sew together.
8. On the wrong side of the Cream Linen E squares, draw a line from corner to corner. Layer one E square with one Red Stars E square, right sides together. Stitch ¼" from both sides of the drawn line. (Diagram VI). Cut on the drawn line and press seam toward the red fabric. Trim half-square-triangles to 6 ½”.

9. Arrange the half-square triangles, the four Cream Linen D squares, and the Strip pieced center as shown in Block Assembly Diagram B. Sew together in sections; then, sew together the sections.

Quilt Assembly
10. Arrange the Small Star Blocks, the Large Star Block, and the Strip-It F rectangles as shown in the Quilt Assembly Diagram. Sew the Small Star Blocks together alternately with the F rectangles, pressing seams toward the F rectangles. Sew to the Large Star Block.

11. Sew the Cream Stars side inner border strips to opposite sides of the quilt. Sew the remaining Cream Stars inner border strips to the quilt. Press seams toward the outside edge of the quilt.
In the same manner, sew the Light Blue Print Outer borders to the quilt.

Finishing
12. Layer top, batting, and backing. Quilt as desired. Bind with the Diagonal Stripe.

Quilt Assembly Diagram
Option: Personalize Your Quilt

Make your quilt commemorative by writing or embroidering a loved one’s name or a message in a heart patch made from muslin or the Cream Linen. Applique the heart in the Light Blue Print D square of the Large Star Block. A heart template is included for your convenience.

Love and Glory
Heart Applique Template
(optional)