Chasing the Cure
Designed by Hilary Bobker of And It Was Sew©
Featuring the Project Pink Collection by Rosemarie Design Studio
Size 57" x 82"

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NOTE! The instructions and the picture are guidelines on how to make this quilt. The exact placement of all the fabrics should be up to your artistic eye. Each quilt should be different, as every woman’s journey is different.

<table>
<thead>
<tr>
<th>Fabric</th>
<th>SKU</th>
<th>Yardage</th>
<th>Cutting and Placement</th>
</tr>
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</table>
|        | 36407-1 | 3/8 yd  | • Trim selvedges off fabric.  
• Cut 6” off the end of each piece for a rectangle 6” x 3/8 yd.  
• Cut 2 - 6” squares from this cut.  
• From remainder of fabric, cut 2 strips 5 1/2” x WOF.  
• Cut into 5 1/2” squares. |
|        | 36407-2 | 3/8 yd  | Same as above.                                                                         |
|        | 36408-1 | 3/8 yd  | Same as above.                                                                         |
|        | 36408-2 | 3/8 yd  | Same as above.                                                                         |
|        | 36410-1 | 3/8 yd  | Same as above.                                                                         |
|        | 36410-4 | 3/8 yd  | Same as above.                                                                         |
|        | 36409-3 | 3/8 yd  | Same as above. (Would also look nice as the background instead of the plain white, but then don’t use any of this in the ribbon.) |
|        | 36410-2 | 3/8 yd  | • Trim selvedges off fabric.  
• From fabric, cut 6 1/4” off the end of piece so you have a rectangle 6 1/4” x 3/8 yd.  
• Cut 1 - 6” square and 1 - 6 1/4” square from this.  
• Cut 2 strips 5 1/2” x WOF. Cut into 5 1/2” squares. |
|        | 36409-1 | 2 3/8 yds | • From length of fabric, cut 2 strips 80 1/2” x 1 1/2” for border.  
• From length of fabric, cut 2 strips 57 1/2” x 1 1/2” for border.  
These measurements are exact. Allow extra for differences in piecing.  
• Cut 2 strips 5 1/2” x WOF. Cut into 5 1/2” squares. |
| Plain White | 36409-3 | 3 yds  | • Cut 15 strips 5 1/2” wide x WOF. Cut 102 - 5 1/2” squares.  
• Cut 2 strips 6” x WOF. Cut 12 - 6” squares.  
• Cut 1 - 6 1/4” square. |
| Backing |         | 4 yds  | Choose your favorite fabric from the collection.  
Cut crosswise at 2 yds 18”.  
Cut remainder in half lengthwise as shown. Seam together as shown. |
Making the quilt

1. The entire quilt is made from 5 1/2" (5" finished) squares sewn into rows. Some of the squares are made with half square triangles sewn together to create the squares. Two are made with 2 - 1/4 square triangles and a half square triangle. Look carefully at the illustrations and you can see where these different squares are going to go.
2. Cut all the squares as listed above. Set all the 5 1/2" squares to one side.
3. On the 12 white 6" squares, draw a line diagonally down the center.
4. Draw a line a scant 1/4" on each side of the center line.
5. Select 12 print 6" squares and with right sides together and the white square on top, sew a white square and a print square together on the dotted lines as shown in Figure A.
6. Cut apart on the center line to create 2 squares. Press to the white. Trim to a perfect 5 1/2". Make 24 squares.
7. Draw a line diagonally down the center of the white 6 1/4" square.
8. Draw lines a scant 1/4" away from the center lines as you did before and as shown in Figure A.
9. Place the dark pink 6 1/4" square and the marked white square with right side together (A).
10. Sew along the seam lines and cut apart. You will have 2 squares. Press toward the dark and put the two squares together. Mark the diagonal at right angles to the first seam. See Figure B. Cut apart down the middle. Pick two that are mirror images as shown in Figure C. To complete this square, cut the white 6 1/4" square in half diagonally. Centering the little triangles on these, sew together with the white bias edge on the bottom. Press toward the white and trim down to a perfect 5 1/2" square.
11. With all the print squares and the half and half squares for the edges of the ribbon, roughly lay out where you want the squares to go. If you have a design wall, this is the time to use it. The floor will also do. Please look at the illustration on the next page. You will see several pieces that are darker than the others. These pieces are the only ones that it really matters what print they are. Having them darker will add “dimension” to the ribbon. If you have cut and sewn according to the instructions, you shouldn’t really have to think about this. Everything else is “as you wish.”
12. After you have made your layout decisions, do yourself a favor and get out your phone and take some pictures of what you have done, “just in case”.
13. To organize all this, get 16 paper plates, mark one for each row and stack the squares in order on the plates. All row 1 on one plate, all row 2 on the next plate etc. to the end. When the row is sewn, put it back on the plate and put it on the bottom of the pile. When all the rows have been sewn, get row one off the plate and sew it to row two. Do yourself a favor and sew sets of two rows together. Then sew two sets together and so on. Working on small sets will be easier.
14. NOTE: Press even numbered rows one way and odd numbered rows the other. They should then lock in nicely.
Finishing up -

Make the sandwich of batting, backing, and top. Quilt as desired, but I would put some hearts in there somewhere. Prepare to bind.

Ok, by now you are either loving the “as you wish” approach to making this quilt, or you are about to go mad. If you are about to go mad, return to the quilt store where you bought the fabric and buy 5/8 of a yard of fabric for binding. Cut it up into 2 1/2” strips. Sew them together with diagonal seams. Press in half. Bind the quilt. Done and Enjoy!

However, if you are loving all this freedom and creativity, here is some more for you.

Left over from all the squares are a bunch of strips of fabric of various lengths and sizes. Sew them all together to create “fabric”. Sew one strip down and one strip up while creating the “fabric”. This will prevent the curving of the fabric in one direction. See below. The “fabric” is going to look awful right now. Trust me. You will be happy. Press it well.

Cut 2 1/2” BIAS strips out of the fabric. It doesn’t matter if the strip is short like it matters when you are cutting solid bias. There are going to be a million seams anyway. Piece all the strips together with diagonal seams. Press the joining seams well. BE CAREFUL NOT TO STRETCH THE BIAS OUT BY PRESSING ONLY IN THE DIRECTION OF THE SEAM i.e. straight of grain.

Fold in half, press carefully again. Attach to the edges of your quilt with 1/4” seams. The seams are going to take up a lot of fabric and you need to make sure that 2 1/2” will be enough. See photo on next page.

ENJOY!

If you have questions about this quilt, please contact Hilary Bobker at: hilary@anditwassew.com

Be sure to visit www.windhamfabrics.com to see the complete collection and to download other Free Projects

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The picture shows the bias binding. Gotta love it.

Note how the darker squares give "dimension" to the ribbon.