Simply Sweet
for Girls

Finished Quilt Size: 69” x 88”

Finished Pillowcase Size: 30” x 20”

Designed By: Wendy Sheppard
**Simply Sweet for Girls**

**SIMPLY SWEET QUILT FOR GIRLS**
Finished Quilt Size: 69" x 88"

**Cutting**

WOF = Width of fabric.

*Note: Use a ¼" seam allowance throughout unless otherwise directed. Label all pieces with the letters given in the cutting list. These letters are used to identify the pieces throughout the instructions.*

22790-V Pink gingham print
- Cut (18) 1 ½" x WOF strips. Recut strips into (40) 1 ½" x 7 ½" B and (40) 1 ½" x 9 ½" C strips.
- Cut (3) 1 ½" x WOF strips. Recut strips into (31) 1 ½" x 3 ½" E rectangles.

22790-B Aqua gingham print
- Cut (6) 2" x WOF I/J strips.
- Cut (7) 1 ½" x WOF R/S strips.

**Quilt FABRIC REQUIREMENTS**

<table>
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<tr>
<th>Design</th>
<th>Yards</th>
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<tbody>
<tr>
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<tr>
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<tr>
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<tr>
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<tr>
<td>22792-ZP</td>
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**Pillowcase FABRIC REQUIREMENTS**

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<tr>
<td>22795-Z</td>
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22791-V Pink tonal crosshatch
- Cut (7) 1 ½" x WOF N/O strips.
- Cut (8) 2 ¼" x WOF strips for binding.

22794-V Pink with white hearts print
- Cut (1) 7 ½" x WOF strip. Recut strip into (4) 7 ½" A5 squares.
- Cut (8) 5" x WOF T/U strips.

22795-Z White crosshatch print
- Cut (1) 7 ¼" x WOF strip. Recut strip into (4) 7 ½" A2 squares.

22798-Z White circle heart print
- Cut (1) 7 ½" x WOF strip. Recut strip into (3) 7 ½" A4 squares.

22793-Z White house print
- Cut (1) 7 ½" x WOF strip. Recut strip into (5) 7 ½" A1 squares.
- Cut (3) 4" x WOF M strips.
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22798-P Pink circle heart print
• Cut (1) 7 ½” x WOF strip. Recut strip into (4) 7 ¼” A3 squares.

22792-ZP White-with-pink dots
• Cut (7) 3 ½” x WOF strips. Recut strips into (62) 3 ½” x 4 ½” D rectangles.
• Cut (1) 3 ½” x WOF strip. Recut strip into (12) 3 ½” F squares.
• Cut (12) 2” x WOF G/H and P/Q strips.
• Cut (6) 1 ½” x WOF K/L strips.

22795-Z White crosshatch print
• Cut (2) 96” x WOF lengths for backing.

Completing the Frame Blocks

1. Sew a B strip to opposite sides and C strips to the top and bottom of an A1 square to complete one A1 Frame block. Press seams toward B and C strips as added. Repeat to make a total of 5 A1 Frame blocks (Diagram 1).

2. Repeat step 1 with B and C strips on each A2, A3, A4 and A5 square to make a total of 3 A4 Frame blocks and 4 each A2, A3 and A5 Frame blocks (Diagram 1 again).

Quilt Assembly

1. Sew an E rectangle between 2 D rectangles to make a D-E sashing unit (Diagram 2). Press seams toward E. Repeat to make a total of 31 D-E sashing units.

2. Join 4 D-E sashing units with 3 F squares to make a sashing row (Diagram 3). Press seams toward the F squares. Repeat to make a total of 4 sashing rows.

3. Select and join 1 each A1, A2, A3 and A4 Frame blocks with 3 D-E sashing units to make Row 1 (Diagram 4). Press seams toward the blocks.

4. Repeat step 3 with the remaining Frame blocks to make Rows 2, 3, 4 and 5, again referring to Diagram 4 for positioning of blocks.
5. Join the block rows and the sashing rows to complete the pieced center (Diagram 5). Press seams toward the block rows.

6. Join the G/H and P/Q strips on the short ends to make a long strip. Press seams open. Recut strip into 2 strips each of the following: 2" x 57 ½" G, 2" x 48 ½" H, 2" x 74 ½" P and 2" x 58 ½" Q.

7. Sew G strips to opposite long sides and H strips to the top and bottom of the pieced center. Press seams toward the strips.

8. Join the I/J strips on the short ends to make a long strip. Press seams open. Recut strip into (2) 1 ½" x 60 ½" I strips and (2) 1 ½" x 51 ½" J strips. Sew I strips to opposite long sides and J strips to the top and bottom of the pieced center. Press seams toward the I and J strips.

9. Join the K/L strips on the short ends to make a long strip. Press seams open. Recut strip into (2) 1 ½" x 63 ½" K strips and (2) 1 ½" x 53 ½" L strips. Sew K strips to opposite long sides and L strips to the top and bottom of the pieced center. Press seams toward the K and L strips.

10. Join the M strips on the short ends to make a long strip. Press seams open. Recut strip into (2) 4" x 53 ½" M strips. Sew an M strip to the top and bottom of the pieced center. Press seams toward the M strips.

11. Join the N/O strips on the short ends to make a long strip. Press seams open. Recut strip into (2) 1 ½" x 72 ½" N strips and (2) 1 ½" x 55 ½" O strips. Sew N strips to opposite long sides and O strips to the top and bottom of the pieced center. Press seams toward the N and O strips.

12. Sew the previously prepared P strips to opposite long sides and Q strips to the top and bottom of the pieced center. Press seams toward the P and Q strips.

13. Join the R/S strips on the short ends to make a long strip. Press seams open. Recut strip into (2) 1 ½" x 77 ½" R strips and (2) 1 ½" x 60 ½" S strips. Sew R strips to opposite long sides and S strips to the top and bottom of the pieced center. Press seams toward the R and S strips.

14. Join the T/U strips on the short ends to make a long strip. Press seams open. Recut strip into (2) 5" x 79 ½" T strips and (2) 5" x 69 ½" U strips. Sew T strips to opposite long sides and U strips to the top and bottom of the pieced center to complete the quilt top. Press seams toward the T and U strips.

15. Join the 2 ¼"-wide pink tonal crosshatch binding strips with diagonal seams to make a long strip. Trim seams to ¼" and press open. Fold the strip with wrong sides together along length and press to make binding.

16. Remove the selvage edges from the backing pieces. Join the pieces on the 96" edges with a ½" seam allowance. Press seam open. Trim top and bottom edges to make a 77" x 96" backing piece with a vertical seam.

17. Layer, quilt, and bind using your favorite methods and the prepared binding strip to complete the quilt.
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SIMPLY SWEET PILLOWCASE FOR GIRLS
Finished Pillowcase Size: 30" x 20"

Cutting

WOF = Width of fabric.

Note: Use a ¼" seam allowance throughout unless otherwise directed. Label all pieces with the letters given in the cutting list. These letters are used to identify the pieces throughout the instructions.

22791-V Pink tonal crosshatch
• Cut (1) 1 ½" x WOF strip. Recut into (2) 1 ½" x 20 ½" C strips.

22790-V Pink gingham print
• Cut (1) 5 ½" x WOF strip. Recut strip into (4) 5 ½" A squares.

22792-ZP White with pink dots
• Cut (2) 3" x WOF strips. Recut strips into (16) 3" B squares.

22796-X Multicolor vertical stripe
• Cut (1) 20 ½" x WOF strip. Recut strip into (1) 17 ½" x 20 ½" D rectangle.

22795-Z White crosshatch print
• Cut (1) 20 ½" x WOF strip. Recut strip into (1) 18 ½" x 20 ½" E front rectangle.
• Cut (1) 20 ½" x WOF strip. Recut strip into (1) 35 ½" x 20 ½" F back rectangle.

Completing the Pillowcase Front

1. Draw a diagonal line from corner to corner on the wrong side of each B square.
2. Place a B square right sides together on 2 opposite corners of an A square and stitch on the marked lines (Diagram 1). Repeat on the remaining corners.
3. Trim ¼" from each stitched line. Press B to the right side to complete an A-B unit (Diagram 2). Repeat to make a total of 4 A-B units.

5. Sew a C strip to opposite sides of the A-B strip to make the A-B-C strip (Diagram 4).

6. Sew the E rectangle to the left edge and the D rectangle to the right edge of the A-B-C strip to complete the pillowcase front (Diagram 5). Press seams toward D and E.

7. Turn under the long raw edge of the D strip \(\frac{1}{4}\)“ and press. Turn under another 12” and press. Align and pin the pressed edge to cover the seam between C and E. Edgestitch in place from the front side a scant \(\frac{1}{4}\)“ from the seam between C and E to finish. Remove pins and press.

Pillowcase Back

1. Turn under (1) 20½” end of the F back rectangle \(\frac{1}{4}\)“ and press. Turn this edge under another 5” and press. Edgestitch a scant \(\frac{1}{4}\)“ from the inside edge.

Completing the Pillowcase

1. Pin the pillowcase front and back right sides together, matching seams.
2. Sew along the 2 long sides and across the bottom edge to make the pillowcase.
3. Finish the seam using a zigzag stitch or serger.
4. Turn the pillowcase right side out and press to finish.