ESSENTIALS
SQUARE KNOT

Throw Quilt: 60" x 73 1/2" with Backing: Q1402-26035-440

Shown 108" backing Q1056-6608-470

Wilmington Prints: A World of Possibilities www.wilmingtonprints.com
Square Knot

Please read all instructions carefully AND identify all fabrics before beginning.
All instructions include a 1/4” seam allowance and strips are cut selvage to selvage.

1. Cut the following:

**Fabric A** - Cut (1) 5-3/4” strip, subcut (1) 5-3/4” square [then cut in half diagonally twice for 4 triangles] and (5) 5-3/8” squares [then cut in half diagonally for 10 triangles]

**Fabric B** - Cut (3) 5-3/8” strips, subcut (20) 5-3/8” squares then cut in half diagonally for 40 triangles
Cut (3) 2-3/4” strips
Cut (7) 1-1/4” strips, sewn together end to end and cut into (2) 1-1/4” x 71” and (2) 1-1/4” x 57-1/2” strips

**Fabric C** - Cut (1) 5-3/8” strip, subcut (2) 5-3/8” squares [then cut in half diagonally for 4 triangles] and (24) 2” squares

**Fabric D** - Cut (2) 2” strips, subcut (24) 2” squares

**Fabric E** - Cut (1) 5-3/8” strip, subcut (3) 5-3/8” squares [then cut in half diagonally for 6 triangles] and (12) 2” squares
Cut (3) 2-3/4” strips
Cut (5) 2” strips, subcut (100) 2” squares
Cut (7) 2” strips, sewn together and cut into (2) 2” x 71” and (2) 2” x 60-1/2” borders

**Fabric F** - Cut (1) 5-3/4” strip, subcut (1) 5-3/4” square [then cut in half diagonally twice for 4 triangles] and (6) 5-3/8” squares
Cut (1) 5-3/8” strip, subcut (7) 5-3/8” squares [then cut all 5-3/8” squares in half diagonally for 26 triangles] and (4) 2” squares
Cut (3) 2-3/4” strips
Cut (3) 2” strips, subcut (60) 2” squares
Cut (7) 2” strips, sewn together and cut into (2) 2” x 68” and (2) 2” x 57-1/2” borders

**Fabric G** - Cut (4) 2” strips, subcut (64) 2” squares

**Fabric H** - Cut (1) 5-3/8” strip, subcut (2) 5-3/8” squares [then cut in half diagonally for 4 triangles] and (20) 2” squares
Cut (7) 2-1/2” strips (binding)
Cut (3) 2” strips, subcut (60) 2” squares

**Fabric I** - Cut (1) 5-3/4” strip, subcut (1) 5-3/4” square [then cut in half diagonally twice for 4 triangles] and (5) 5-3/8” squares
Cut (3) 5-3/8” strips, subcut (21) 5-3/8” squares [then cut all 5-3/8” squares in half diagonally for 52 triangles] and (12) 2” squares
Cut (1) 2” strip, subcut (20) 2” squares

**Fabric J** - Cut (1) 5-3/4” strip, subcut (1) 5-3/4” square [then cut in half diagonally twice for 4 triangles], (4) 5-3/8” squares [then cut in half diagonally for 8 triangles] and (4) 2” squares
Cut (3) 2-3/4” strips
Cut (1) 2” strip, subcut (20) 2” squares

**Fabric K** - Cut (1) 5-3/4” strip, subcut (1) 5-3/4” square [then cut in half diagonally twice for 4 triangles] and (4) 5-3/8” squares [then cut in half diagonally for 8 triangles]

**Fabric L** - Cut (1) 5-3/8” strip, subcut (3) 5-3/8” squares [then cut in half diagonally for 6 triangles] and (8) 2” squares
Cut (2) 2” strips, subcut (40) 2” squares

**Fabric M** - Cut (1) 5-3/4” strip, subcut (2) 5-3/4” squares [then cut in half diagonally twice for 8 triangles], (1) 5-3/8” square [then cut in half diagonally for 2 triangles], and (24) 2” squares
Cut (1) 2” strip, subcut (8) 2” squares

Not all triangles cut will be used.

2. Piecing Order:

1. Stitch 1 each **Fabrics B** and **E** strips together lengthwise. Make a total of 3 pieced strips. Cut these into (36) 2-3/4” wide Unit 1 (2-3/4” x 5” unfinished).
2. Stitch 1 each Fabrics F and J strips together lengthwise. Make a total of 3 pieced strips. Cut these into (36) 2-3/4” wide Unit 2 (2-3/4” x 5” unfinished).

3. Stitch 1 each Units 1 and 2 together as shown to make 18 Block 1a (5” square unfinished).

4. Stitch 1 each Units 1 and 2 together as shown to make 18 Block 1b (5” square unfinished).

5. Arrange (9) 2” squares in 3 rows of 3 squares as shown. Stitch into rows. Sew rows together. Make a total of 24 Block 2a (5” square unfinished).

6. In the same manner, make 32 Block 2b (5” square unfinished).

7. Stitch 1 each Fabrics B and I 5-3/8” triangles together along the long edges. Make a total of 36 Block 3a (5” square unfinished).

8. In the same manner, make the number of each block as shown.

9. Stitch 1 each Fabrics I and M 5-3/4” triangles together as shown. Add a Fabric L 5-3/8” triangle. Make a total of 2 Block 4a (5” square unfinished).

10. In the same manner, make the number of each block as shown.

11. Refer to Quilt Layout (Page 3) for arrangement and placement of blocks and borders, especially note orientation of Blocks 1A and 1B.

12. Arrange blocks in 15 rows of 12 blocks. Sew blocks into rows. Sew rows together to complete quilt center (54-1/2” x 68” unfinished).

13. Stitch Fabric F 2” x 68” borders to right and left sides of quilt center. Add Fabric F 2” x 57-1/2” borders to top and bottom of quilt center.

14. Fold Fabric B 1-1/4” x 71” and 1-1/4” x 57-1/2” strips in half lengthwise, right sides out forming 5/8” wide flat piping strips.

15. Baste 5/8” x 71” Fabric B flat piping strips to sides of quilt, with raw edges even with outer edges of Fabric F border. Baste 5/8” x 57-1/2” Fabric B flat piping to top and bottom of quilt, with raw edges even with outer edges of Fabric F border.

16. Stitch Fabric E 2” x 71” borders to right and left sides of quilt. Add Fabric E 2” x 60-1/2” borders to top and bottom of quilt.
17. The quilt measures approximately 60-1/2” x 74” (unfinished). Make backing (Fabric N) at least 8” larger than the top.

18. Layer and baste top, batting, and backing together. Quilt as desired. Attach binding (Fabric H) and enjoy!!